



# Barracuda Banner

June 5, 2009

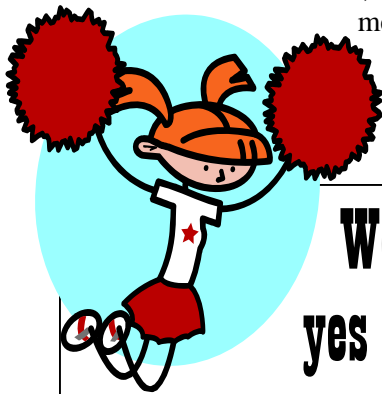
By Leslie Kinne.....Hey 'Cudas! What a fabulous meet we had last week. The kids swam very well and we enjoyed perfect weather. I keep hearing heart warming stories from the meet of friendships made, people cheering on one another and swimmers overcoming their toughest strokes to come in for a strong finish!



And how about those coaches?! We are so lucky to have such dedicated and caring coaches. Every time I saw one of them, they were cheering on a swimmer, helping someone get ready or running to find a relay member. They never rested, they never stopped. That must be an exhausting day for them all. When you see a coach, please thank them for all their hard work!

And speaking of thanking people, our swim meets would never go so smoothly if it weren't for all our Volunteer Heads. I would like to take this opportunity to thank everyone in a leadership position:

**Jean Steel** - Parent Rep, **Cami Chaplick** - Parent Rep, **Amy Zirbel** - Vice President, **Jenn Frontz** - Treasurer, **Gina Warner** - Spirit, **Gina Wetzel** - Concessions, **Chris McCarthy** - Concessions, **Andrew Lahana** - Announcer, **Rick Hanson** - Starter, Referee, **Tom Piccone** - Starter, Referee, **Kevin & Liz Lyons** - Tent, Movie Night, **Lauren Landen** - The Banner, **Tom Oriel** - Barracudas Website, **Elizabeth Moynihan** - Suit Orders, Timers, **Jamie Carroll** - Meet Manager, **Mary Jo Lagesse** - Meet Manager, **Sue Baker** - Team Manager, **Phil Pickett** - Clerk of Course, **Kevin Carroll** - Stroke Judges, **Heather Dewey** - Volunteer Coordinator, **Judi Piccone** - Directory, Team Records, Candy Days, **Martha Friedrich** - Ribbons, Trophies, **Tina Barry** - Speeding Tickets, Memorial Day BBQ, **Denise Stickney** - Swimmer of the Week, **Lisa Watson** - Pirate's Cove, **Stacey Thompson** - Coach's Party, Banquet, **Gretchen Garrison** - Graphics (Signs, Menus, etc), **Laurie McCrillis** - Luminarias, **Susan Thompson** - Luminarias, **Kathy Hoover** - Team Photo, Movie Matinee, **Jenny Saavedra** - Coaches Breakfast, **Elizabeth Frost** - Ice Cream Social, **Betty Knecht** - Pizza Days



**We've got spirit,  
yes we do!**

Join your fellow Barracudas for an **Ice Cream Social and Pep Rally!**

Sunday, June 7th  
from 5-7pm

In the upper pool parking lot.



**Warm Up Before the Meet!**

Be at OUR Pool  
by **6:45am** this Saturday  
for warm ups!

**Attention  
Swim Meet Volunteers**

Please stop at the volunteer table and **pick up your nametag** upon arrival at the swim meets, even if you are working a later shift. We need to know that you are there!



## Swimmers of the Week

**Max Hanson** (11-12 boy): What a superb young man! Max is a magnificent dedicated athlete. He is willing to take on any task handed to him and will never make a fuss. The coaches have a superb time watching Max in practices and in meets. We can't wait to see the 11-12 boys relay bet records and win races with Max's help. His positive attitude and outstanding effort will lead Max to a victorious season. Thank you Max for your marvelous and superb hard work in swimming, it pays off. Way to go buddy!

**Taylor Heideman** (13-14 girl) Her hard work ethic and dedication are very appreciated with some swimmers usually finding themselves in the water 15 to 20 minutes into practice time. She shows up early, because of her love for the Barracudas and dedication to be at practice on time and maybe to listen to a few tunes while she is at it. I know I can rely on her to tell me where the group is truthfully in the set due to her strong dedication. Her go with the flow attitude is very much appreciated, so we thank you Taylor!

## MEET RESULTS!

**HFII - 412**

**Stonegate - 454**

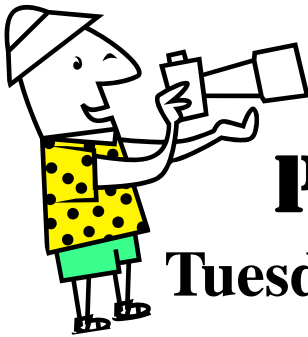
*Sooooo close 'Cudas!!!*

## Stroke Clinics

Work on your strokes with our team of coaches.  
NO need to sign up!

Tuesday & Thursday Nights  
7-8pm

Throughout the season!



## TEAM PHOTOS

**Tuesday, June 9th**

Swimmers arrive at 8am for individual photos, if you want one.

ALL swimmers be at the pool by 9:30am for the team picture.

## Funny Funny Funny

Bedhead of the week

Eric Kothlow

A boy that not only looks like he just rolled out of bed, but has the hair to prove it!

Quote of the week

"I can't eat a doughnut. My mom would kill me if I ate that much saturated fat."

- Morgan Dewey, Age 10

## Check your folder!

All swimmers must be sure to check their folders! They will be available at every practice outside the guard house. You'll find your roster, newsletter, ribbons and other important information!

## Have something for the Banner?



The **Barracuda Banner** is delivered each Friday morning to your pool folder. It contains information about the upcoming meet as well as other pertinent news. Swimmers should be sure to pick it up each Friday morning.

If you have information to include in the **Barracuda Banner**, please get it to Lauren Landen by the **Tuesday** prior to publication. You can e-mail it to [landen99@yahoo.com](mailto:landen99@yahoo.com), put it in the Landen folder at the pool, drop it off at her house (6054 E. Kettle Pl.) or give Lauren a call at 303-770-5367.



# June 6th Home Meet Volunteer Schedule

You must fulfill your commitment or find your own replacement! NO Exceptions!

<p><b>1st Shift: 8:00am-10:00am</b></p> <p><b>Volunteer Table</b> Laurie Juergens</p> <p><b>Cards</b> Lisa Watson</p> <p><b>Heating</b> Stacy Terry Alan Smiley</p> <p><b>Runner</b> Shelly Snyder Maren Plisko</p> <p><b>Score Table</b> Linda Kosten Cathy Kamionka</p> <p><b>Timers</b> Gary Babb Gretchen Garrison Kristin Steiner Pete Stephenson</p> <p><b>Back Up Timer</b> Michelle Brose</p> <p><b>Stroke Judge</b> Jon Habert Kevin Carroll</p>	<p><b>2nd Shift: 10:00am-12:00pm</b></p> <p><b>Cards</b> Stacy Terry</p> <p><b>Heating</b> Brent Hicken Michelle Brose</p> <p><b>Runner</b> Janice Bull Mary Lautenbach</p> <p><b>Score Table</b> Kay Wilms Tammy Hawkins</p> <p><b>Timers</b> Gary Babb Kristin Steiner Jayne Conant Scott DeLucero</p> <p><b>Back Up Timer</b> Patricia Starkman</p> <p><b>Stroke Judge</b> Scott Kothlow Steve Phenix</p>	<p><b>3rd Shift: 12:00-END</b></p> <p><b>Cards</b> Russell Powell</p> <p><b>Heating</b> Brent Hicken Eileen Eastridge</p> <p><b>Runner</b> Alan Smiley</p> <p><b>Score Table</b> Jacob Gienger Linda Holmstad</p> <p><b>Timers</b> Mzry Thompson Joan Beans Jane McFadden Carol McNulty</p> <p><b>Back Up Timer</b> Jayne Conant</p> <p><b>Stroke Judge</b> Chris Jouvenat Patrick McCarthy</p> <p><b>Concessions Take Down</b> Mary Slack</p>
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<p style="text-align: center;"><b>Concessions</b> <b>1st Shift: 6:30am-10:30am</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Bobbie Louis</td> <td style="width: 50%;">Bob Merkel</td> </tr> <tr> <td>Maria Lombardo</td> <td>Anne Dupont</td> </tr> <tr> <td>Bambi Mayo</td> <td>Beckie Johnson</td> </tr> <tr> <td>Tony Heideman</td> <td></td> </tr> </table>	Bobbie Louis	Bob Merkel	Maria Lombardo	Anne Dupont	Bambi Mayo	Beckie Johnson	Tony Heideman		<p style="text-align: center;"><b>Concessions</b> <b>2nd Shift: 10:30am-END</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Bobbie Louis</td> <td style="width: 50%;">Anthony Patinella</td> </tr> <tr> <td>Paul Onofrio</td> <td>Tony Heideman</td> </tr> <tr> <td>Beckie Johnson</td> <td>Matt Johnston</td> </tr> <tr> <td>Karen Jouvenat</td> <td></td> </tr> </table>	Bobbie Louis	Anthony Patinella	Paul Onofrio	Tony Heideman	Beckie Johnson	Matt Johnston	Karen Jouvenat	
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<p style="text-align: center;"><b>Friday Evening Meet Setup 6:30pm-DONE</b></p> <p>Tina Barry, Stacy Myers, Mary Slack, Jim Crowley</p>	<p style="text-align: center;"><b>Clean Up and Tear Down After Meet</b></p> <p>Eileen Eastridge, Betty Knecht, Jacob Gienger</p>
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## Can't Make Practice or a Meet?

*The coaches MUST know when you can't make it to a practice or a meet. If you will be missing a MEET, coaches must know by the prior Tuesday. Be sure to get this form to them.*

**Maggie's email:** [maggiecow@gmail.com](mailto:maggiecow@gmail.com)

**Tyler's email:** [Tnamaybee@msn.com](mailto:Tnamaybee@msn.com)

Swimmer's Name \_\_\_\_\_ Age Level \_\_\_\_\_

Dates unable to attend practice \_\_\_\_\_ Dates unable to attend Meet \_\_\_\_\_

Reason: \_\_\_\_\_